











Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5	6	7	8	9	10	11
	<p><u>Exercise of the week</u></p> <p>Re-cap on Story Time: This Week <u>Resources</u> Humpty Dumpty</p>	<p><u>Exercise of the week</u></p> <p>Stretch-n-Grow Olympics <u>Resources</u></p>	<p><u>Exercise of the week</u></p> <p>Stretch-n-Grow Olympics <u>Resources</u></p>	<p><u>Exercise of the week</u></p> <p>Stretch-n-Grow Olympics <u>Resources</u></p>	<p><u>Exercise of the week</u></p> <p>Stretch-n-Grow Story Time <u>Resources</u></p>	<p><u>Exercise of the week</u></p> <p>Family Time. <ul style="list-style-type: none"> • Eat a meal • Do a walk <u>Resources</u></p>
	 <p>4.30 Stretch-n-Grow around the world</p>					
	<u>Yoga Pose</u>	<u>Yoga Pose</u>	<u>Yoga Pose</u>	<u>Yoga Pose</u>	<u>Yoga Pose</u>	<u>Yoga Pose</u>
	<p>Eat A Rainbow</p> 	<p>Put a teddy in your window to make others smile</p> 	<p>Balloon 'Keepy Uppies' game. See how many you can do?</p> 	<p>Housework Clean your room help clean the house</p>	<p>Do a Thank you poster for the 'BinMen'</p> 	<p>Make a tally of all the birds you spot in your garden</p>